CVCOA Good Neighbor Volunteer Position Description

Objective:
- To enable older Vermonters to remain in their homes and communities.
- Support older adults to lead healthy, meaningful, and dignified lives.

Qualifications/skills:
- Ability to converse with people of all backgrounds and philosophies.
- Ability to understand and practice confidentiality under all circumstances.
- Dependability and accountability.
- Ability to accept directions from older Vermonters.
- Ability to set clear, reasonable boundaries.
- Pass all background checks.
- Reliable transportation to your assignment. (Adequate insurance and a clear driving record if providing transportation.)

Responsibilities: *
- Meet with a person on a regularly scheduled basis or provide one-time services as needed.
- Provide in-person companionship or regular friendly phone calls.
- Run errands or accompany older neighbor on errands.
- Perform short-term light housekeeping tasks, organizing, or yard work.

Volunteer may do some or all of the above tasks.

Time Commitment:
- Flexible schedule; elder and volunteer agree on mutually convenient frequency and day/time to meet. No minimum time commitment.

Supervisor:

Phone: 802-479-0531
Fax: 802-479-4235

59 N. Main Street, Suite 200
Barre, VT 05641-4121

Email: info@cvcoa.org
Web: www.cvcoa.org

- Volunteer Coordinator or Outreach Member.

Benefits:

- Enjoy a relationship that is rewarding to both you and your older neighbor.
- See the difference you make in someone's life.
- Contribute to the greater good of your community.
- Obtain experience with older adults.
- Receive ongoing support and recognition from CVCOA.

No previous formal experience necessary—training provided

We strongly encourage volunteers who are people of color, indigenous, immigrants and refugees, LBGTQ+ and People with disabilities to apply.

If you are not already an approved Central Vermont Council on Aging volunteer and want to volunteer, apply online at www.cvcoa.org/volunteer-application, or call 802-241-4840 for more information about this position.

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