CVCOA Creative Companion Volunteer Position Description

Objectives:
• Reduce social isolation of home-bound older adults.
• Engage in meaningful companionship inspired by creative pursuits.
• Contribute to making creative activities accessible to older adults.
• Engage in activities that promote healthy brain functioning.
• Support elders in leading healthy, meaningful and dignified lives.

Qualifications/skills:
• Ability and desire to converse with people of all backgrounds and philosophies.
• Interest in engaging in creative activities and conversations around creativity.
• Ability to understand and practice confidentiality regarding program participants.
• Dependability and encouraging disposition.
• Ability to follow and give direction and perform tasks independently.

Responsibilities:
• Complete creative activities included in the Creative Care Kit.
• Communicate regularly with up to 5 program participants (virtually or in-person).
• Converse with other Creative Care Kit participants in a welcoming and encouraging way.
• Participate in training to learn Creative Aging best practices.
• Assist with completing surveys to help improve participant experience.

Time Commitment: min. 6-9 months and 2-5 hours per week (longer at your discretion)
Volunteers will serve as Creative Companions for up to 5 participating community members. Time commitment includes connecting regularly with kit recipients (phone, email, or in-person), engaging with creative activities, assisting with surveys, and completing training.

**Supervisor:** Luke Rackers, Director of Development and Communications, Robert Pierce, Creative Aging Program Support, or another Volunteer Coordinator or Director at CVCOA.

**Benefits:**
- Enjoy relationships and creative activities that are rewarding and engaging to both you and program participants.
- Obtain experience with diverse members of your community.
- See the difference you make in the lives of older Vermonters.
- Contribute to the greater good of your community.
- Receive ongoing support and recognition from CVCOA.

**No previous formal experience necessary—training provided**

We strongly encourage volunteers who are people of color, indigenous, immigrants and refugees, LBGTQ+ and People with disabilities to apply.

If you are not already an approved Central Vermont Council on Aging volunteer and want to volunteer, apply online at [www.cvcoa.org/volunteer-application](http://www.cvcoa.org/volunteer-application), or call 802-241-4840 for more information about this position.