

Central Vermont Council on Aging Home-Delivered and Congregate Meals Update as of Wednesday, March 18, 2020

Nutritional needs of older Central Vermonters are of the utmost importance to CVCOA and all our dedicated meal sites. Currently, meal sites in our region are still operating but with some modifications to avoid spreading the new coronavirus. First, for the time being there are no community meals, but your local meal site can arrange for a take-out meal for you instead. Contact your meal site for information. Home delivered meals continue with volunteer drivers using procedures to protect meals recipients from personal contact. To contact your local meal site, visit CVCOA's website: <https://www.cvcoa.org/.../Contact%20info%20for%20meal%20sites...>

We will update this information as needed. Stay healthy and contact CVCOA's HelpLine if you need assistance 1(800) 642-5119. We are in this together!