

Central Vermont Council on Aging

Our Mission:

Central Vermont Council on Aging supports elders and family caregivers in leading healthy, independent, meaningful and dignified lives in their homes and communities.

Our Values:

- **Respect and Empowerment:** *We respect the rights of elders to make choices for themselves and we will support those decisions without judgment. We encourage the participation of elders in all decisions, actions and issues which affect their lives.*
- **Community involvement:** *We believe in working together with communities and other organizations to benefit our clients.*
- **Ethical actions:** *We believe that any action we take for or with an elder must be honest, informed and principled.*
- **Compassion:** *We will do our work with compassion for those we serve as well as for those with whom we work.*
- **Supportive Workplace:** *We value a healthy, safe and respectful work environment. We strive to give our employees the support they need to serve our clients.*
- **Stewardship:** *We will consider the environmental, social and financial impact of our work practices.*

Our Goals:

- **Information and Options:** *We will provide information, options, resources and supports for elders and their caregivers regarding public benefit programs, health and long-term care options.*
- **Healthy Activities:** *We will support programs that promote healthy lifestyles, prevention of disease, volunteerism and intergenerational activities.*
- **Systems Advocacy:** *We will advocate on behalf of elders and caregivers for improved access to programs and services that will enhance their abilities to remain in their homes and plan for future long term care needs.*
- **Public awareness:** *We will promote public awareness of issues related to aging and future demands on the long term care service system.*

