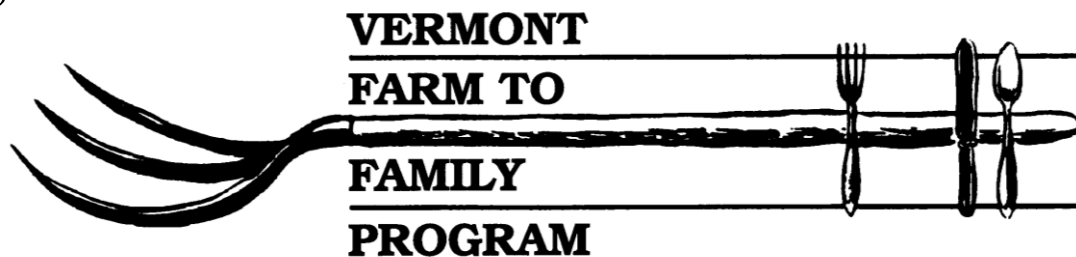


# Attention, Seniors!



**What Is It?** \$30 in coupons to buy fresh fruits, fresh vegetables, and fresh cut herbs at over fifty Vermont farmers markets, plus information about markets and using fresh produce. Coupon supplies are limited.

**Who Is Eligible?** Households with at least one person aged sixty or older and whose gross income is below a limit based on family size. For instance, the 2009 limits are \$1,670 a month for a single person, \$2,247 a month for a couple, or \$3,400 a month for a family of four. If you live in senior housing and signed up there to get fresh fruits or vegetables through this year's Vermont Senior Farm Share Program, your household is not eligible for Farm To Family coupons this year.

**When Is It Available?** The 2009 application process starts June 29 and lasts until coupon supplies run out. The coupons are distributed on a first come, first served basis as applications are completed. They are valid only for this market season and expire October 31.

**How Do I Apply?** Contact your Community Action Agency (*listed below*) in mid-June to learn where and when the CAA will be taking coupon applications. A proxy arrangement can be made for seniors unable to apply in person. Ask the CAA for more information.

## ***BROC–Community Action in Southwestern VT***

Rutland 775-0878 or 1-800-717-2762  
Bennington 447-7515

## ***Central Vermont Community Action Council***

Berlin 479-1053 or 1-800-639-1053  
Bradford 802-222-5419  
Morrisville 888-7993 or 1-800-639-8710  
Randolph 728-9506 or 1-800-846-9506

## ***Champlain Valley Office of Economic Opportunity***

Burlington 863-6248 or 1-800-287-7971  
Middlebury 388-2285 or 1-800-639-2318  
St. Albans 527-7392 or 1-800-300-7392

## ***North East Kingdom Community Action***

Newport 334-7316 or 1-800-639-4065  
St. Johnsbury 748-6040 or 1-888-748-6040  
Island Pond 723-6245  
Canaan 266-7134

## ***Southeastern Vermont Community Action***

Westminster 1-800-464-9951, extension 0  
Springfield 885-6153 or 1-800-464-9951  
Brattleboro 254-2795 or 1-800-464-9951  
White River 295-5215 or 1-800-464-9951  
Windsor 674-2900 or 1-800-464-9951

*Effective 5/14/09*

*The Farm To Family Program is an equal opportunity provider*

