

Registration

tear off and mail to address below

Name: _____

Address: _____

Organization (if applicable): _____

I am a: Family Caregiver Professional

Afternoon Workshop Choice (please choose one):

- Workshop 1: Empowering the Caregiving Family
- Workshop 2: Alzheimer's 101: The Basics of Alzheimer's Disease
- Workshop 3: Legal Issues and Planning for the Family Experiencing Alzheimer's Disease
- Workshop 4: Caregiver Stress Management Strategies
- Workshop 5: Sexuality and Alzheimer's

Registration: \$10.00 (includes lunch)

- Please indicate here if you need a vegetarian selection.

Scholarship Funds are available.

Other special needs: _____

Payment Information

Please make checks payable to: FAHC

Amount enclosed: \$ _____

Payment by Credit Card: MC VISA

Credit Card #: _____

Expiration Date: _____

Name (as it appears on card): _____

Mail Registration and payment to:

Alzheimer's Association of Vermont
Attn: Conference Registration
172 North Main Street, Barre, VT 05641
or call to register: (802) 477-7000



To:

Alzheimer's Association of Vermont
Attn: Conference Registration
172 North Main Street
Barre, Vermont 05641

Caring for Yourself and Your Loved One: You Are Not Alone.



2007 Vermont Alzheimer's Family Caregiver Conference



Monday, June 11, 2007 8:00 a.m. ~ 3:30 p.m.

Capital Plaza Hotel
100 State Street
Montpelier, Vermont

Presented by:

Fletcher Allen Health Care
Elder Care Services
Alzheimer's Association of Vermont
Champlain Valley Agency on Aging

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Agenda

- 8:00 a.m. **Registration and Continental Breakfast**
Check out your regional Agency on Aging resource table
- 9:00 a.m. **Opening Remarks**
Anita Royer, LICSW & Pam Smith
- 9:15 a.m. **MCI Miami: The latest Strategies for Early Detection of Alzheimer's Disease**
William Pendlebury, MD
- 9:45 a.m. **Can't Wake Up, Can't Fall Asleep: Sleep in Patients and Caregivers**
Clifford Singer, MD
- 10:15 a.m. **Question and Answer Panel**
Dr. Pendlebury and Dr. Singer
- 10:45 a.m. **Break**
- 11:15 a.m. **Concurrent Workshops**
- Workshop 1:** Empowering the Caregiving Family
Leader: Toni Hill, MA, Family Caregiver Resource Staff:
Anita L. Royer, LICSW & Mediation Expert, TBA

Workshop 2: Alzheimer's 101: The Basics of Alzheimer's Disease
Pam Smith & Laura Corrow

Workshop 3: Legal Issues and Planning for the Family Experiencing Alzheimer's Disease
Aaron Goldberg, Esq.

Workshop 4: Caregiver Stress Management Strategies
Rosalyn Grossman, RP & Lisa Simon, LICSW

Workshop 5: Sexuality and Alzheimer's Disease
Wendy Lustbader, MSW

12:15 p.m. **Lunch**
Network with your Respite Grant Coordinator, other caregivers, and available community resources

1:30 p.m. **Afternoon Plenary Session**
The Heart Wide Open: Making the Most of Emotional Opportunities
Wendy Lustbader, MSW

3:00 - 3:30 p.m. **Evaluation and Wrap-up**

Presenters

- Laura Corrow**
Educator, Alzheimer's Association of Vermont
- Aaron Goldberg, Esq.**
Attorney, Elder Law & Trust Group, Burlington
- Rosalyn Grossman, RN**
Health Educator and Consultant
- Toni Hill, MA**
Family Caregiver
- Wendy Lustbader, MSW**
Affiliate Assistant Professor, University of Washington School of Social Work; National Speaker and co-author of "Taking Care of Aging Family Members: a Practical Guide" and author of "Counting on Kindness: The Dilemmas of Dependency"
- William Pendlebury, MD**
Professor, Pathology, Neurology, & Medicine University of Vermont College of Medicine; Director, Memory Center and Elder Care Services, Fletcher Allen Health Care
- Anita L. Royer, LICSW**
Elder Care Services, Fletcher Allen Health Care
- Lisa Simon, LICSW**
Family Educator
- Clifford Singer, MD**
Associate Professor of Psychiatry, University of Vermont College of Medicine; Co-Medical Director, Elder Care Services and Director of Geriatric Psychiatry Clinic, Fletcher Allen Health Care
- Pam Smith**
Interim Executive Director, Alzheimer's Association of Vermont