

Senior Meals Programs in central Vermont

Promoting Healthy Aging

Central Vermont Council on Aging
59 N. Main Street, Suite 200
Barre, VT 05641-4121



Hours:

Monday - Friday
8:30 am - 4:30 pm

Phone: 802-479-0531
Fax: 802-479-4235

E-mail: cvcoa@cvcoa.org
Website: www.cvcoa.org



**Call the Senior Helpline at
1-800-642-5119
for information about and
access to senior services**



Call the mealsite that serves
your community for
information, registration
or reservations.

Sponsored by
Central Vermont
Council on Aging

Senior Helpline
1-800-642-5119

Nutrition Programs

Nutritious meals, including community meals and home delivered meals, also known as Meals on Wheels, are available from local senior centers and meal sites throughout central Vermont.

Hot and frozen meals are delivered by volunteer drivers to eligible seniors.

These programs don't charge for their meal services. Donations and contributions are gratefully accepted. Your donations of money, equipment and time help to maintain the community and home delivered meal programs for elders.



Lamoille County

Meals on Wheels of Lamoille County: serves Belvidere, Cambridge, Eden, Elmore, Hyde Park, Jeffersonville, Johnson, Stowe, Morristown, Waterville and Wolcott.

Home delivered meals: Mon. - Fri.



Community meals:

Lamoille Senior Center:

24 Main Street in Morrisville
Served Monday - Thursday

Johnson Senior Center

Johnson Town Hall on West Main St.
Served Tuesday & Thursday

Call MOW of Lamoille County at
888-5011 for all programs.

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Washington County

The Galley:

serves Barre City, Barre Town, Orange, Washington, Williamstown and portions of Berlin.

Home delivered meals: Mon. - Fri.
Community meals: Mon. - Fri.

14 Washington Street, Barre.
Call 479-9175.

Mad River Valley Senior Citizens at Evergreen Place:

serves Fayston, Waitsfield, Warren and portions of Duxbury & Moretown

Home delivered meals: Mon. - Fri.
Community meals: Tues. & Thurs.

5308 Main Street, Waitsfield.
Call 496-2543.

Montpelier Home Delivery Program:

serves the city of Montpelier and most of Berlin.

Home delivered meals: Mon. - Fri.
Call 456-7448.



Northfield Senior Center:

serves Northfield, Roxbury and portions of Berlin.

Home delivered meals: Monday - Friday.
Community meals: Monday - Friday.

168 Wall Street, Northfield.
Call 485-8112.

Roxbury meals:

Community meal: Monday.

1642 Roxbury Rd, Route 12A in Roxbury.
Call 485-5438.

Twin Valley Senior Center:

serves Cabot, Calais, East Montpelier, Marshfield, Plainfield and Woodbury.

Home delivered meals: Mon., Wed., & Fri.
Community meals: Mon., Wed., & Fri.

The Old Schoolhouse Common, School Street in Marshfield.
Call 454-7750 or 426-3447.

Waterbury Area Senior Center:

serves Waterbury, Middlesex, Duxbury and Moretown.

Home delivered meals: Mon. - Fri.
Community meals: Mon. - Fri.

14 Stowe St, Waterbury.
Call 244-1234.

Worcester Home Delivered Meals:

serves Worcester.

Call 223-5911 to make arrangements.

Orange County

Randolph Senior Center:

serves Braintree, Brookfield and Randolph.

Home delivered meals: Mon. - Thurs.
Community meals: Mon. - Thurs.

6 Hale Street, Randolph
Call 728-9324.

Orange East Senior Center:

serves Bradford, Corinth, Fairlee, Newbury, Topsham and West Fairlee.

Home delivered meals: Mon., Wed. & Fri.
Community meals: Mon. - Fri.

176 Waits Road, Bradford.
Call 222-4782.

Chelsea Senior Center:

serves Chelsea, Tunbridge & Vershire.

Home delivered meals: Mon. & Fri.
Community meals: Mon. & Fri.

United Church on the North Common, Chelsea.
Call 685-2290.

South Royalton Senior Center:

serves Bethel, Royalton and Sharon.

Home delivered meals: Tues. & Thurs.
Community meals: Tues. & Thurs.

South Royalton Academy Building,
4266 VT RTE 14
Call 763-7386.

South Strafford meals:

Community meal: Wed.

Barrett Town Hall, South Strafford.
Call 765-4121.

Home delivered meals: Tues. & Thurs.
Call 763-7386

Quin-Town Senior Center:

Serves Granville, Hancock, Pittsfield, Rochester and Stockbridge.

Home delivered meals: Mon., Wed. & Fri.
Community meals: Mon., Wed., & Fri.

Hancock Town Hall, 1097 VT RTE 100
Call 767-3763.

